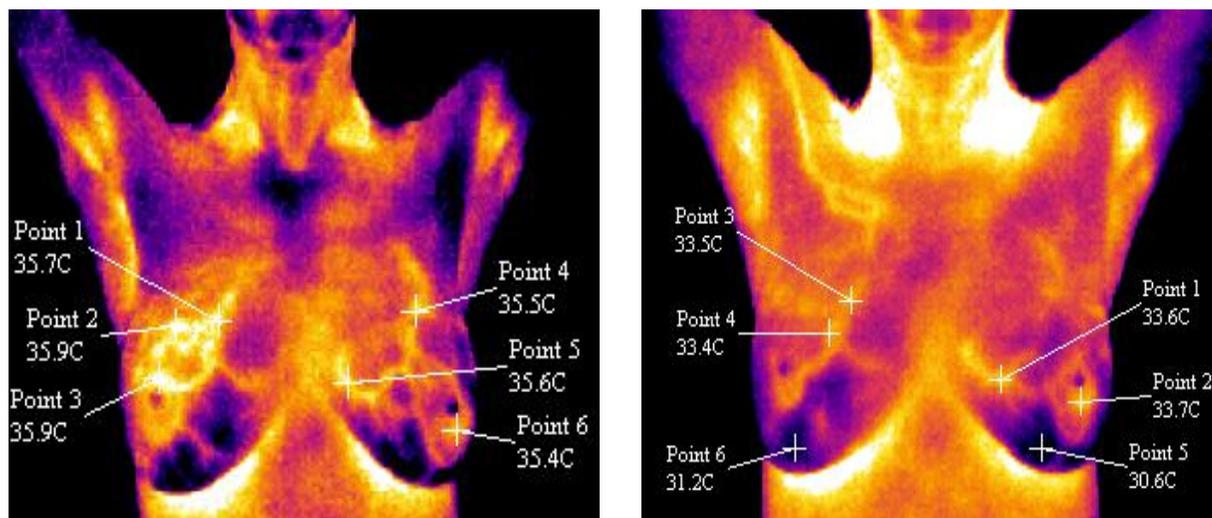


## RESEARCH ON PROTOCOLS REVERSING DUCTAL CARCINOMA IN SITU

Thermal images of one patient before and after the case study showing the blood supply (neo-angiogenesis) feeding the ductal tumor in first image has completely disappeared in second image.



**Before Protocol Neo-angiogenesis Points 1-3    After Protocol no Neo-angiogenesis pts 3&4**

Nancy Gardner-Heaven presented her case studies after 5 years of research on a natural protocol that reversed signs of atypical features indicative of DCIS in 80% of her patients to a group of her peers, at the Medical Conference of the American Academy of Thermology in 2004. This study was published in the Townsend Journal shortly after. Nancy is board Certified in Medical Thermology by the American Board of Thermology at Auburn University and has 35 years experience in a clinical practice in Marin County as a nutritionist. She has taught about preventing life threatening diseases as part of the Holistic Program at San Francisco State, UC Berkeley and the University of Hawaii at Hilo.

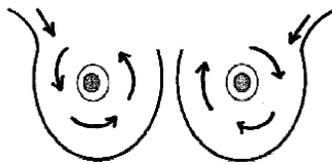
### **The Protocol Included Lifestyle and Dietary Changes:**

1. Avoid sugar in any form especially high fructose corn syrup and even fruit with high sugar content like melons, bananas etc... Fruit that is low in sugar and are okay: all berries, kiwi, plums, avocado, grapefruit, lemons and limes.
2. Stop using any synthetic hormones. If hormone supplementation is unavoidable due to post-menopausal symptoms or a non-hormone IUD is not a option for birth control method then make bio-identical be your first choice and be sure to use the natural nutritional supplement, Indolplex with DIM, that blocks the pathways of estradiol from converting to estrone ( which can increase neo-angiogenesis blood supply to feed cancer cells).
3. Avoid wearing underwire and synthetic braier as it blocks the healthy flow of the lymphatic system to bring T cells and B cells or lymphocytes to carry off atypical cells before they can start reproducing with dysfunctions DNA.

4. Eat an organic diet and avoid GMO foods, refined white flour/sugar in commercial packages foods. Inorganic foods have been sprayed with toxic chemicals that destroy our DNA and its process of reproducing new healthy cells in our bodies on a daily basis. GMO foods effect our own DNA and can lead to sterility or degeneration of our DNA. Avoid using plastic, microwaving or cooking in plastic, storing water or warm food in plastic as it produces a estrogen mimicking chemical that is toxic.

5. Add exercise in nature with fresh air and sunshine to your weekly routine. Drinking plenty of purified water. Eat lots of fresh organic vegetables, organic grass fed meat if you do eat meat and wild caught fish.

6. Massaging the breasts with Frankincense Oil under the arm pits down and around the breasts before dressing so it can soak in all day. This increases lymphatic flow and elimination of toxins from the breasts.



### **The Basic Protocol for Reversing DCIS:**

1. Calcium d' Glucarate which boosts phase 2 of liver function to eliminate the excessive estrone that can lead to neo-angiogenesis or the new blood supply that sets up to feed a tumor.

2. Recanostat with reduced L-Glutathione. This is normally produced in the gut but a poor diet or dysbiotic condition of the gut, not enough good bacteria or a denatured diet decreases our own natural production causing a need to supplement it.

3. Indoplex with DIM comes from the cruciferous vegetables, broccoli sprouts to be specific as they have 6,000 more of the indol-3-carbonal that this supplement is made of. It helps the pathways of estrogens, testosterone and progesterone not convert to estrone. Estrone is one of the estrogens we have naturally in our bodies but in small quantities so increasing it will increase the risk of developing the neo-angeogenic blood supply to feed a tumor.

4. Vitamin D3 also known as the sunshine vitamin, is instrumental in breast cancer prevention and should be supplemented daily.

5. Melatonin supplementation in the evening can aid in 8 hours of restful sleep which is essential for good health in general but especially for those with a compromised immune system such as found with cancer patients. Research has shown that those who have been diagnosed with breast cancer test low on melatonin.

### **Advance Research Since the First Study Added Supplements:**

1. Turkey Tail Mushroom to triple the natural killer cells to destroy cancer cells. The research on this supplement has shown to reverse even metastatic breast cancer.

2. Artemesinin Drops or Sweet Wormwood in specific dosage was originally use to kill parasites in the gut but has also been found extremely effective to reverse breast cancer at all stages.

3. LDN or Low Dose Naltrexone taken oral in a specific slowly increased increments then maintained at 4.5 mg has been proven to be very effective in most patients.

Other effective substances for the treatment of breast cancer worthy of further investigation: Agaricus Blazei Murill (mushroom), Alpha lipoic Acid, Amygdalin (B17), Angiostop, Apigenin (grapefruit flavonoid), Aromatase Inhibitor (from hops and plant lignan), Ascorbic Acid, Boswellia, Brestin from Nerium Oleander, Butyric Acid, CoQ10, Cordyceps Sinensis, Cstatin, Curcumin, DDG or Dideoxy D-Glucose, Doxycycline, Fucoidan, GcMAF, Genistein, Lycopene, Mistletoe, Mito Booster, Mitochondrial Support Formula, NuMedica Micellized D3, Onkobel Pro, Oxaloacetate (Cronaxal), Paw Paw, Cell-Reg, Poly-MVA, Polyphenole CA, Pure Quercetin (flavonoid), Resveratrol, Ribaxx, Salicinium, Salvestrol Plantinum, Sodium Dichloroacetate (DCA), Theaflavin, Thymex, Ukrain, Vasculin and Vrxca.

**More articles including the original abstract for this case study as well as other articles helpful for patients wanting to build good health like: Healing Adrenal Glands, Protocol for Thyroid, Seven Steps to Healing Insomnia or Detoxification of the Lymphatic System, are available on the website below.**

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