

# Detoxification for Optimum Health with Touchstone Essentials

U.S. CDC statistics show we have an average of 212+ industrial toxins stored in our body. Now we can eliminate our bodies burden of the chemicals and no longer need to worry about the toxins we breathe, eat, and drink. This detoxifier is carefully formulated to bind to positively-charged heavy metals, radioactive particles, and volatile organic compounds in a protective 'cage-like' structure and eliminate them from your body with NO harm to your eliminatory organs. Third party studies attest to the selective nature of this Clinoptilolite a refined Zeolite, is to remove only toxins and has been proven safe for pregnant women and infants.

## PURE BODY™



Detoxification  
Pure Body

Pure Body™ taken orally cleanses toxins from the gastro-intestinal tract. Red blood cells are created in the spleen, bone marrow and small intestines to carry oxygen and nutrients to the entire body. If they leave the gut with toxins they can't do their job. The colon absorbs electrolyte balanced water to become the plasma or fluid of the blood and lymph system if it leaves the colon with toxins it can't carry 'T' cells & 'B' cells to fight infection and degenerative diseases.

## PURE BODY EXTRA STRENGTH™



Detoxification  
Pure Body  
Extra Strength

Not all Zeolites are created equal. This Zeolite has been purified by heating it to 700°F. causing it to release toxins that have been trapped from the environment so it enters your body clean and ready to detoxify you! Examining these released toxic substances reveals what toxins will be eliminated from your body. Pure Body Extra Strength™ has been reduced to nano-size molecules so by spraying it into the mouth or breathing it into the lungs it can enter the blood

stream and go anywhere a water molecule can go to detoxify your entire body! Toxins compromise the immune system, are the main cause of cancer and other life threatening diseases. They can also store in fat cells makes it hard to lose weight. Eliminating toxins from our bodies is the #1 most important step towards good health. Pure Body Extra Strength is also known to have anti-viral properties that interrupts the complex molecular structure of virus and other venoms from bee stings, snake or spider bite so don't hesitate to use in generously.

## SUPERGREENS+D™



Immune & Digest  
Supergreens + D

Not all vitamins are created equal. Most use chemicals to extract the nutrients. Why would you supplement the food you need to eat, with chemical supplements, when you can do it with real foods that your body will absorb and utilized? Super Greens +D is real food, plus more. Brimming with Sulforaphane, it is great for the immune system and breast health. The chlorophyll found in greens build healthy new red blood cells as they are only one molecule different

from our own blood thus increasing elimination of toxins and carrying nutrients and oxygen to every cell in our bodies. What better way to build Optimum Health and Vitality!

**To Order:** [4optimumHealth.thegoodinside.com](http://4optimumHealth.thegoodinside.com)

Nancy Gardner-Heaven PhD  
For Thermography Screenings or Free  
Classes: [www.HealthyBreasts.info](http://www.HealthyBreasts.info)  
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Phone: 415-300-6527

## Other Health Building Nutrients

**Wellspring:** with Omega Oils 3,6 &9

**Essentials:** Anti-Oxidant Booster Blend

**Green Energy:** Decaffeinated Green Tea  
with Antioxidants & Digestive Enzymes